

Elder Care References and Links

- Older Americans 2008:
Key Indicators of Well-Being www.agingstats.gov
- U.S. Administration on Aging www.aoa.gov/
- Eldercare Locator www.eldercare.gov/
- The Handbook of Elder Care
Resources for the Federal
Workplace www.opm.gov/Employment_and_Benefits/WorkLife/OfficialDocuments/HandbooksGuides/ElderCareResources/
- U.S. Department of Health
and Human
Service Healthfinder www.healthfinder.gov/
- National Institute of
Health's Senior Health www.nihseniorhealth.gov/
- Housing Options for Older
Adults: A Guide for Making
Housing Decisions www.eldercare.gov/
- Transportation Options For
Older Adults
- Financial Steps For
Caregivers: What You Need
to Know About Money and
Retirement (Under the
National Family Caregiver
Support Plan Resource Room) www.aoa.gov
- Family and Medical Leave
Act www.opm.gov/oca/leave/

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for that website.*

Employee Assistance
Programs

www.opm.gov/Employment_and_Benefits/WorkLife/HealthWellness/EAP/

Support for Caregiving

www.opm.gov/Employment_and_Benefits/WorkLife/FamilyCareIssues/caregiving/

Pick Up the Pace -
Retirement Planning for
Boomers and Beyond

www.eldercare.gov/

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